

**POST OPERATIVE INSTRUCTIONS**  
**BREAST BIOPSY**

1. Your surgical site has been injected with a local anesthetic. This will last from 1-6 hours, at which time you may begin experiencing discomfort. Do not wait too long before taking pain medicine. Do not take the medicine on an empty stomach. You may also take Advil or Tylenol for the discomfort.
2. Eat lightly at first, and then gradually increase your diet back to normal. A decreased appetite or nausea is normal after having anesthesia.
3. You should place an ice pack over the incision area for 48 hours intermittently (20-30 minutes, 4-5 times a day).
4. Keep ace wrap clean and dry for 48 hours. After 48 hrs. remove the ace wrap. It is helpful to wear a tight fitting bra, or sports bra several days after the ace wrap is removed (for support). You may shower now. Leave the steri-strips alone (they can get wet).
5. It is not necessary to re-dress the incision.
6. You may drive when you feel comfortable, and are not taking pain medication (narcotics).
7. Please call the office if you notice any of the following:
  - a. Your incision turns bright red and feels warm to touch
  - b. You experience a large amount of fluid or drainage from the incision
  - c. You develop a fever >101 degrees which persists for more than 24 hours

TO SCHEDULE A FOLLOW-UP APPOINTMENT FOR 7-10 DAYS FOLLOWING YOUR DISCHARGE, LOG ONTO [www.surspc.com](http://www.surspc.com), Click on Patient Portal, next login (first time users will need to register), then click Contact Your Doctor's Office to send us a message. If you are unable to login, please call 610-647-3077 to schedule your appointment.

*This information is provided solely to those patients specifically under the care of Dr. Attebery, Dr. Fox, Dr. Fried and Dr. Kripke of Surgical Specialists, P. C. and is not meant to be construed or distributed as public information.*